

Registration

Registrations must be postmarked on or before Aug. 14, 2010. Mail to: Southern Parkway Moonlight Mile and 8K Run, 8116 Shobe Lane, Louisville, KY 40228-2219.

Information

Call 502.239.8239 or 502.368.2443

Walk-In Registration

Available during normal business hours (Monday-Friday 10:00 a.m.–8:00 PM, Saturday 10:00 a.m.–6:00 PM and Sunday 1:00 PM–4:00 PM) at Swag’s Sport Shoes, 7415 Old Third Street Road, 502.368.2443. (No registration at this site on Saturday, August 21, 2010)

Late Registration

Late registration will be accepted Aug. 15th–21st by mail or at Swag’s for an additional \$5 fee. NO REGISTRATION AT SWAG’S ON AUGUST 21st. Late registration on August 21st begins at 5:00 PM at Southern Parkway and Woodlawn Avenue. Late registration and Start Line for children 5 & under will be 1/4 mile south of the Finish Line on Southern Parkway. Late registration and Start Line for children 6-10 years will be 1/2 mile south of the Finish Line on Southern Parkway.

Early Registration Fees

- 5 & Under and 6-10\$10.00
- One Mile Fun Run and Fun Walk.....\$15.00
- Doggie Fashion Show ONLY - "Sports Theme" ..\$10.00
- Doggie Dash (includes Fashion Show).....\$10.00
- Doggie WalkPledges

(Pledges include Fashion Show/\$20.00 minimum pledge. Information 502.361.9838)

All Other Groups.....\$20.00

Must be postmarked on or before August 14th to avoid late registration fee.

Race Packets & Doggie Events Packets

Available from 10:00 a.m.–8:00 p.m. at Swag’s Sport Shoes (7415 Old Third Street Road) on Wednesday, August 18th, Thursday, August 19th and Friday, August 20th. Packet pickup on August 21st begins at 5:00 PM at Southern Parkway & Woodlawn Avenue ONLY.

New Start Location

The Start Line for all one mile races/runs will be on Southern Parkway near Burkley Avenue. Participants will go south on the Parkway for 1/2 mile, turn, and head north to the Finish Line. ALL one mile events from ages 11-14 to 60 and Over will begin at 8:00 PM.

Doggie Dash/Walk/Fashion Show

Saturday, August 21, 2010

Registration Form

(PLEASE PRINT)

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Dog’s Name: _____

Breed: _____ Dog’s Age: _____

Rabies Tag/Certificate: _____

Veterinarian: _____

Circle Entry: _____

Doggie Dash Doggie Walk Doggie Fashion Show

Pledge Form for Doggie Walk*

| | Name | Amount |
|----|-------|--------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |

*Additional sheets may be attached to this form.

**SOUTHERN PARKWAY
MOON LIGHT MILE
& 8 K RUN**



Doggie Dash/Walk/Fashion Show

Saturday, August 21, 2010

Doggie Dash 1/2 Mile

Time: 7:10 PM
Entry Fee: \$10 (includes Fashion Show entry)
Prizes will be awarded to First, Second, and Third Place.

Doggie Walk 1/2 Mile

Time: 7:20 PM
Entry Fee Pledges of \$20 minimum (includes Fashion Show)
Prizes will be awarded to First, Second, and Third Places for total amount of pledges.
Pledge Sheets for the Doggie Walk will be accepted from 5:00-6:30 PM at Southern Parkway and Woodlawn Avenue.

Doggie Fashion Show

Time: 8:00 PM
Entry Fee: \$10 Theme: "Sports"
Awards: 1) Best Dressed Small Breed Under 25 Lbs.
 2) Best Dressed Large Breed Over 25 Lbs.
Fashion Show Late Registration will be at the stage located at Southern Parkway and Woodlawn Avenue 5:00-7:00 PM.
A portion of the Doggie Fashion Show fees will be donated to Wags Pet Therapy of Kentucky.

Shot records and name of veterinarian required for all entries.

Doggie events sponsored by Southside Pet Shop 502.361.9838



**SOUTHERN PARKWAY
MOON LIGHT MILE
& 8 K RUN**



Saturday, August 21, 2010

6:30 p.m. - Midnight

SPONSORED BY



Finish Line Festival

Sponsored by the Beechmont Neighborhood Association and O’Shea’s Irish Pub. Located at Southern Parkway and Woodlawn Avenue. Games, music, food, and activities for the entire family from 5:00 - 11:00 PM. FREE admission.



Perfect Alibi



Release of Responsibility

In consideration of your acceptance of my entry, I, for myself, my heirs, executors, administrators and assigns, do hereby waive and release Mattress & More, Swag's Sport Shoes, Southside Pet Shop, Southern Parkway One-Mile Race, the KWAA, Frazier Rehab Institute, Jewish Hospital & St. Mary's Healthcare, Louisville Metro Parks and its agents, directors, officers, employees and volunteers, all sponsors, Jefferson County, the City of Louisville and any others involved in promoting this race, their successors, representatives and assigns from any and all claims for damage arising from my participation in the Southern Parkway Moonlight Mile and 8K Run on Saturday, August 21st, 2010 in Louisville, Kentucky. I hereby represent that I have full knowledge of the risks involved in participating in this event and am physically fit and sufficiently trained to participate in this event.

Signature _____

Parent's Signature (if under 18) _____

Southern Parkway Moonlight Mile and 8K Run

Saturday, August 21, 2010

(PLEASE PRINT)

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Sex: M or F Date of Birth: _____

Circle One Race Division Only

| | | |
|---------------------------|----------------------|------------------|
| 5 & Under | ALA Walk | 6-10 |
| 1-Mile Fun Walk | 1-Mile Fun Walk | Doggie Dash/Walk |
| 11-14 | 15-19 | 20-29 |
| 30-39 | 40-49 | 50-59 |
| 60 & Over | First Responders Run | WKU Alumni Run |
| Wheelchair/Handcycle Race | | 8K Run |

Race Entry

_____ x \$ _____ = \$ _____
Total Amount Enclosed: \$ _____

Please make all checks payable to: Southern Parkway Moonlight Mile and 8K Run. A \$5 late registration fee is required from August 15th-21st. Separate entry forms required for individual participants.

To register online, visit _____ with active.com

Additional Information:

Race Proceeds

Proceeds from the race will benefit the Kentucky Wheelchair Athletics Association (KWAA) and Metro Parks Adapted Leisure Activities (ALA).

Kentucky Wheelchair Athletics Associations (KWAA)

KWAA is an independent, non-profit organization supporting sports and recreation opportunities for individuals with physical disabilities. KWAA offers opportunities to enhance quality of life, promote physical fitness, introduce recreational and wheelchair sports and challenge participants to perform at a competitive level. For more information, call 502.582.7618.

Metro Park Adapted Leisure Activities (ALA)

Metro Parks Adapted Leisure Activities (ALA) offers recreational and leisure opportunities for adults and those with mental and/or physical disabilities, along with their families and friends. For information call 502.456.8148.

Host Hotel

Fern Valley Hotel and Conference Center
2715 Fern Valley Road (near I-65)

Louisville, KY, 40213

Phone: 502.964.3311 Fax: 502.964.0623

Reservation deadline is August 1, 2010

Reference: Southern Parkway Moonlight Mile and 8K Run

Awards

Awards for the 2010 Southern Parkway Moonlight Mile and 8K Run were handcrafted by members of Metro Parks Adapted Leisure Activities. THANK YOU !!!

Free Parking

Available at Iroquois High School & Magnet Career Academy, 4615 Taylor Blvd. 40215

First Responders Run

Time: 8:10 PM

All area firefighters, police officers, Sheriff's Department employees, EMS employees, nurses, doctors, and medical personnel are invited to participate in this one-mile run designated for first responders.

Western Kentucky Alumni Run

Time: 8:20 PM

A beautiful one-mile course along historic Southern Parkway is the location for students, faculty, and alumni of Western Kentucky University. Wear your WKU shirt and bring a friend.

Wheelchair/Handcycle Race

Time: 8:30 PM

A one-mile race along Southern Parkway for wheelchairs and handcycles. First, Second, and Third Place finishers will receive awards.

8K Run

Time: 9:00 PM The Start Line is on Southern Parkway approximately 50 feet from Summers Avenue near Olmsted South Middle School. Runners will enter Iroquois Park, follow Rundell Road around the Park, return to Southern Parkway, and run north to the Finish Line. Line up begins at 8:50 PM.

(Runners may enter only ONE Division — no double dipping.)

8K AGE GROUPS:

| | | | | |
|------------|-------|-------|-------|-------|
| 14 & under | 15-19 | 20-24 | 25-29 | 30-34 |
| 35-39 | 40-44 | 45-49 | 50-54 | 55-59 |
| 60-64 | 65-69 | 70+ | | |

If you are ineligible for monetary awards, please indicate this on your registration form at "Circle One Race Division Only".

Monetary Awards for Overall Winners:

\$500 for First Place Male and Female
\$300 for Second Place Male and Female
\$200 for Third Place Male and Female

Monetary Awards for Masters Division (40+)

\$100 for First Place Male and Female

Monetary Awards for Grand Masters Division (50+)

\$100 for First Place Male and Female

Checks will be mailed to winners within five (5) days

New Balance will award a pair of running shoes to the winner of each age category in the 8K Run. Second and Third Place finishers will receive gift certificates to Swag's Sport Shoes.

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Race Divisions & Start Times

| | |
|---------------------------------------|---------|
| 5 and Under (1/4 mile) | 6:30 PM |
| ALA Walk (1/4 mile) | 6:40 PM |
| 6-10 Years (1/2 mile) | 7:00 PM |
| Doggie Dash (1/2 mile) | 7:10 PM |
| Doggie Walk (1/2 mile) | 7:20 PM |
| Doggie Fashion Show - Theme: "Sports" | 7:30 PM |
| One-Mile Fun Walk | 8:00 PM |
| One-Mile Fun Run | 8:00 PM |
| 11-14 Years | 8:00 PM |
| 15-19 Years | 8:00 PM |
| 20-29 Years | 8:00 PM |
| 30-39 Years | 8:00 PM |
| 40-49 Years | 8:00 PM |
| 50-59 Years | 8:00 PM |
| 60 and Over | 8:00 PM |
| First Responders Run (One-Mile) | 8:10 PM |
| WKU Alumni Run (One-Mile) | 8:20 PM |
| Wheelchair/Handcycle Race (One-Mile) | 8:30 PM |
| 8K Run | 9:00 PM |

